

WEEKLY SPECIALS

from 13/03/24 - 19/03/24



\$3.80
ea

Save \$3.80

Nescafe Coffee Sachets
8pk-10pk 132g-180g



\$3.25
ea

Save \$3.60

Nestle Milo Cereal
340g-350g



\$1.50
ea

Save \$1.50

Schweppes Mineral Waters,
Traditionals or Mixers 1.1ltr
\$1.36 per litre



\$3
ea

Save \$3.00

Hellmann's Squeezy
Mayonnaise or Aioli
235g-252g



\$1.50
ea

Save ~~up to~~ \$1.70

Continental Pasta
& Sauce or Rice Side Dish
85g-125g



\$4.25
ea

Save \$4.25

Smiths Crinkle Cut, Doritos
or Red Rock Deli Chips
290g-380g



\$11.99
kg

Save \$1.00

Australian Pork Mince
No Preservatives
\$11.99 per kg

WHAT'S FOR DINNER?

Vietnamese Caramelised Pork Mince Stir-fry

SCAN TO SEE RECIPE!



MAKE EASTER MAGIC

KITKAT Easter Brownies



\$2.50 ea

Save \$1.30

Nestlé Condensed Milk
395g-410g



\$4 ea

Save \$1.00

Nestlé Bakers' Choice
Choc Bits 200g
\$2.00 per 100g



\$4 ea

Save \$1.00

Nestlé Plaistowe Baking
Block Chocolate 180g
\$2.22 per 100g



\$1.15 ea

Save 10¢

Nestlé Kit Kat
Bunny 29g
\$3.97 per 100g



Limited TIME ONLY

\$4.49 ea

New flavour

Barossa Fresh
Blueberry & White Choc
Hot Cross Bun 6pk
\$0.75 each



\$17.99 ea

Members Save \$1.00

Barossa Fresh Fruit
Hot Cross Bun 24pk
\$0.75 each



\$17.99 ea

Members Save \$1.00

Barossa Fresh Variety
Hot Cross Bun 24pk
\$0.75 each

Ingredients

- 125g butter, chopped
- 200g PLAISTOWE Premium Dark Chocolate, broken into pieces
- ½ cup (110g) caster sugar
- 2 eggs, lightly beaten
- 1¼ cups (185g) plain flour
- 200g pkt Nestlé BAKERS CHOICE Milk CHOC BITS
- 4 x 29 KITKAT Easter Break Bunnies
- 1 pkt (66g) Nestlé KITKAT Easter Break Bunnies

1. Preheat oven to 180°C/160°C fan forced. Grease and line base and sides of 18cm square cake pan.
2. Melt butter, PLAISTOWE Premium Dark Chocolate and sugar in large saucepan; stir over low heat until melted. Cool 12 minutes.
3. Stir in eggs, and then flour. Fold through Nestlé BAKERS CHOICE Milk CHOC BITS. Spoon mixture into prepared pan, smooth top.
4. Bake 22-25 minutes, or until mixture is just firm to touch. Remove from oven and cool in pan for 2 hours.
5. Carefully turn out of pan; arrange and press in Nestlé KITKAT Bunny's into the brownie top. Turn out and cut into squares to serve. (Tip – the cooling time is important in this recipe, if the cooked brownie is too warm when pressing in the bunnies, the bunnies can melt and will lose their shape.)

Preparation time: 15 minutes (plus standing time) | Cooking time: 25 minutes | Makes: 9 squares

BELOW
Half price!



\$3.90
ea

Save \$4.10

Red Tulip Carnival
Rabbit 180g
\$2.17 per 100g



\$3.20
ea

Save \$1.80

Cadbury Hollow Egg
100g-110g



\$3.20
ea

Save \$2.30

Cadbury Egg Bag Range
110g-125g



\$5.50
ea

Save \$2.00

Kit Kat or Smarties
Bunny 175g
\$3.14 per 100g



\$4.90
ea

Save \$1.80

Cadbury Bunny
150g-170g



\$3.90
ea

Save \$1.10

Kit Kat or Smarties
Hollow Bunny 85g
\$4.59 per 100g



\$9.90
ea

Save \$4.10

Cadbury Easter
Bunny Tin 164g
\$6.04 per 100g



\$5.90
ea

Save \$4.10

Cadbury Easter Egg
Carton 204g
\$2.89 per 100g



\$6.90
ea

Save \$3.10

Lindor Egg Pouch
Assorted or Milk
90g-140g



\$14.50
ea

Save \$3.50

Cadbury Egg Bag
Triple or Selections
649g-650g



\$7.90
ea

Save \$2.10

Kinder Bueno
Easter Eggs 140g
\$5.64 per 100g



\$4
ea

Save \$1.50

Kinder Mini Eggs
100g
\$4.00 per 100g

Avocados

...are so versatile! They're perfect for guacamole or sprinkled with lemon juice and sea salt, added to creamy dips, or sliced and tossed into salads and grain bowls. They can also be layered into wraps, smashed onto burgers, added to sushi, or incorporated into various savoury breakfast dishes!

2\$3
for

Or \$1.99 ea

Avocados



\$1.49
ea

Crisp

Continental Cucumbers
\$1.49 each



\$2.99
ea

Fresh

Iceberg Lettuce
\$2.99 each



\$4.99
kg

Nutritious

Broccoli
\$4.99 per kg



\$3.99
kg

Tender

Eggplant
\$3.99 per kg



\$4.99
ea

Sweet

Pink Lady Apples 1kg
\$4.99 per kg



\$6.99
ea

Refreshing

Oranges 3kg
\$2.33 per kg



\$4.99
ea

Tasty

White Potatoes 2.5kg
\$2.00 per kg



\$10.99
kg

Earthy

Medium Button
Swiss Mushrooms
\$10.99 per kg



\$6.99
kg

Juicy

Truss Tomatoes
\$6.99 per kg



\$6
ea

Save \$6.00

Frederick Street Finest
Assorted Almonds 375g
\$16.00 per kg



\$14⁹⁹
kg

Save \$7.00

Australian Economy
Beef Rump Steak
\$14.99 per kg



\$13⁹⁹
kg

Save \$5.00

Australian Premium
Beef Bolar Blade Roast
\$13.99 per kg



\$4²⁰
kg

Save 79¢

Steggles Family
Roast Chicken
\$4.20 per kg



\$16⁹⁹
kg

Save \$2.00

Australian Pork Spare Ribs
Plain or Marinated
\$16.99 per kg



\$22⁹⁹
kg

Save \$4.00

Australian Economy
Whole Beef Fillet Steak
\$22.99 per kg



\$24⁹⁹
kg

Save \$10.00

Raw Australian Blue
Swimmer Crabs
\$24.99 per kg



\$26⁹⁹
kg

Save \$3.00

Fresh Australian
Marinara Mix
\$26.99 per kg



\$15⁹⁹
kg

Save \$4.00

Australian
Beef Brisket
\$15.99 per kg



\$13⁵⁰
ea

Save \$1.00

Olive Pip BBQ
Briquettes 3kg
\$4.50 per kg



\$34⁹⁹
ea

Save \$4.00

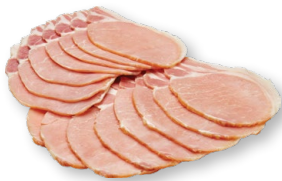
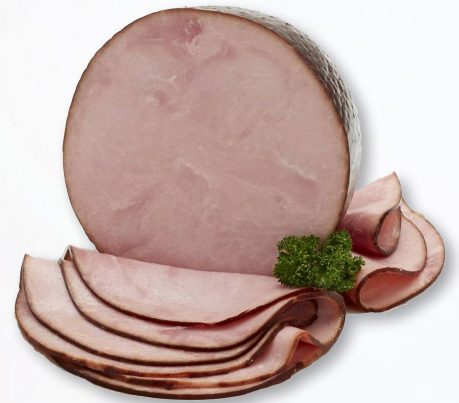
Olive Pip BBQ
Briquettes 8kg
\$4.38 per kg



\$29⁹⁹
kg

Save \$5.00

Adelaide Hills Smoked Ham
Sliced or Shaved
\$29.99 per kg



\$14⁹⁹
kg

Save \$3.00

KRC Shortcut
Rindless Bacon
\$14.99 per kg



\$12⁹⁹
kg

Save \$2.50

Bertocchi
Bacon Pieces
\$12.99 per kg



\$29⁹⁹
kg

Save \$2.00

Ingham's Roast or Smoked
Turkey Sliced or Shaved
\$29.99 per kg



\$25⁹⁹
kg

Save \$4.00

Mount Pleasant Mettwurst
Sliced or Shaved
\$25.99 per kg



\$17⁹⁹
kg

Save \$2.00

Chapmans Kabana
\$17.99 per kg



\$27⁹⁹
kg

Save \$2.00

Mayfair Twiggly Sticks
\$27.99 per kg



\$28⁹⁹
kg

Save \$4.00

Adelaide Hills Salami
Sliced or Shaved
\$28.99 per kg



\$6
ea

Save \$1.96

Lemons Greek Style
Fetta 2x100g
\$3.00 per 100g



\$8⁴⁰
ea

Save \$1.00

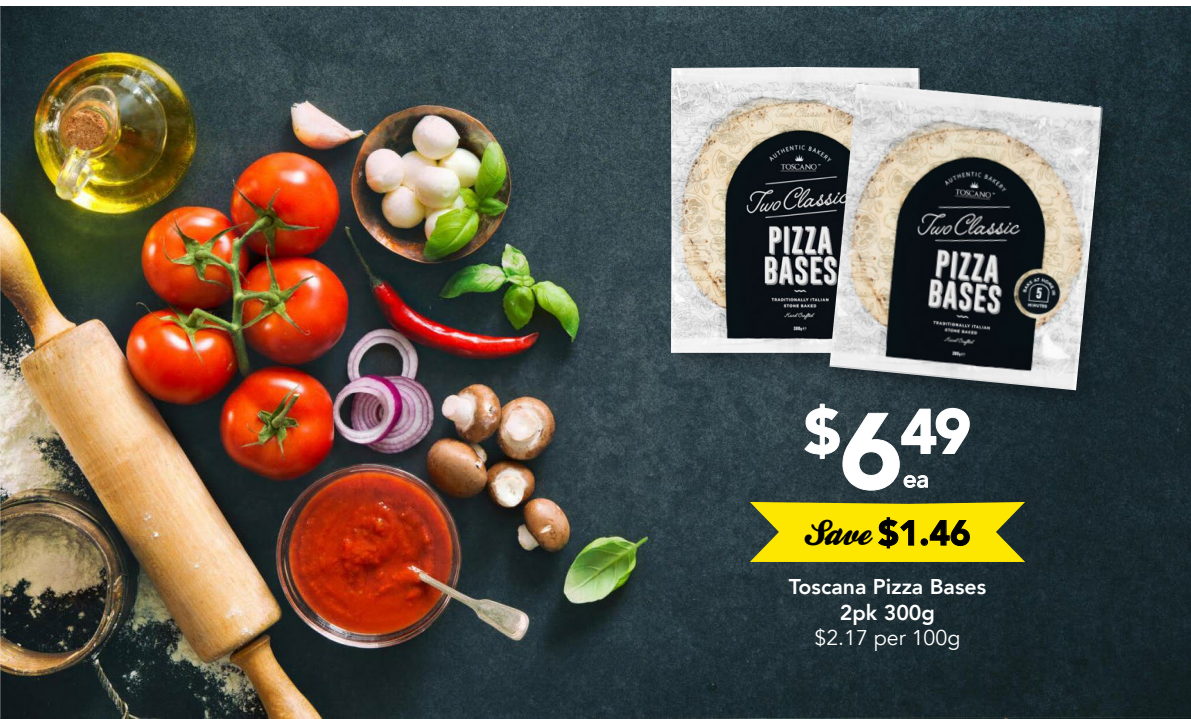
Meredith Dairy Fresh
Chevre Goat Cheese 150g
\$5.60 per 100g



\$6⁶⁰
ea

Was \$7.70

Riverina Cyprus Style
Haloumi 180g
\$3.67 per 100g



\$6.49
ea

Save \$1.46

Toscana Pizza Bases
2pk 300g
\$2.17 per 100g

**LARGE,
SOFT
GLUTEN
FREE
SLICES!**



\$6.50
ea

Save 49¢

Helga's Gluten Free Bread
470g-500g



\$3.99
ea

Save \$1.00

Barossa Fresh
Mini Muffins 8pk
\$0.50 each



\$5.99
ea

Save \$1.00

Barossa Fresh
Chocolate Mud Cake 600g
\$1.00 per 100g



\$5.99
ea

Save \$1.00

Sunrise Fruitless
Finger Buns 4pk
\$1.50 each



\$3.99
ea

Save 40¢

Barossa Fresh
Vanilla Slice 232g
\$1.72 per 100g



\$4.99
ea

Save up to \$1.00

Wattle Valley Waffles
275g-336g



\$6.50
ea

Save 51¢

Tip Top The One Gluten
Free Bread White 550g
\$1.18 per 100g



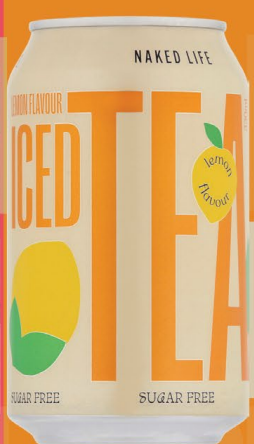
\$6
ea

Save 99¢

Wonder White Gluten
Free Vitamins &
Minerals Loaf
470g-500g

NAKED LIFE

DRINK NAKED LIFE



full frontal flavour
zero sugar!

\$3.50 ea

Great Value

Naked Life Soda
Sugar Free 330ml
\$10.61 per litre

\$3.50 ea

Great Value

Naked Life Iced Tea
Sugar Free 330ml
\$10.61 per litre



\$10.50 ea

Save \$5.55

KR Castlemaine Short Cut Rindless Bacon 630g
\$1.68 per 100g



\$12.50 ea

Save \$4.00

Cheer Block Cheese 1kg
\$12.50 per kg



\$6 ea

Save \$1.50

Perfect Italiano Parmesan or Romano Block Cheese 200g or Ricotta 500g



\$2.70 ea

Save 70c

Arnott's Clix, Shapes or Jatz & Tasty Cheese 30g-33g



\$7.50 ea

Save \$2.50

Flora ProActiv Spread 500g
\$1.50 per 100g



\$4 ea

Save \$2.70

Primo Short Cut Rindless Bacon 175g
\$2.29 per 100g



\$4.40 ea

Save \$2.20

Yoplait Yoghurt 1kg
\$0.44 per 100g



\$2.20 ea

Save 80c

Danone YoPro High In Natural Protein 15g Yoghurt Tub 160g or Pouch 150g



\$6 ea

Save \$1.00

Yoplait Yoghurt Multi Pack 6x160g
\$0.63 per 100g



\$3.50 ea

Save 70c

Divine Dessert Classic Creme Caramel 2x150g
\$1.17 per 100g



\$4.75
ea

Save \$4.75

Peters Maxibon 4pk
560ml
\$0.85 per 100ml



\$4.50
ea

Save \$3.14

Super Nature Wellness Bowl Meals 350g
\$1.29 per 100g



\$10
ea

Save \$1.50

OOB Organic Frozen Fruits 450g-500g



\$7.50
ea

Save \$2.50

Streets Golden Gaytime Ice Cream 4pk



\$9
ea

Save \$3.00

Connoisseur Ice Cream 1ltr
\$0.90 per 100ml



\$6.50
ea

Save \$2.00

Bulla Splits, Fudge or Choc Bars, Crunch or Yoghurt Sticks 8 Pack-Mini 14pk



\$4.80
ea

Save \$1.20

McCain Pub Style Fries or Wedges 750g
\$0.64 per 100g



\$6.50
ea

Save \$2.61

McCain Family Pizza 490g-500g



\$6
ea

Save \$6.00

Birds Eye Oven Bake Fish 425g
\$1.42 per 100g



\$5.70
ea

Save \$1.30

Lean Cuisine Veg'd Up Classic Meals 310g-350g



\$6
ea

Save \$2.50

Steggles Chicken Nuggets or Dino Snacks 400g
\$1.50 per 100g



Half price!

\$8 ea

Save \$8.00

Cadbury Favourites 340g-352g or Toblerone Pralines Gift Box 180g



\$12 ea

Save \$7.75

Lindt Pralines Master Chocolatier Collection 184g \$6.52 per 100g



Excludes Old Gold

\$4 ea

Save \$2.00

Cadbury Block Chocolate 160g-190g



\$3.50 ea

Save \$2.50

Lindt Lindor or Excellence Block Chocolate 80g-100g



BELOW Half price!

\$13 ea

Save \$15.29

Lindt Lindor Cornet 333g \$3.90 per 100g



\$3.50 ea

Save \$1.50

Cadbury Bites 130g-150g



BELOW Half price!

\$11 ea

Save \$14.30

Lindt Lindor Gift Box 235g \$4.68 per 100g



\$3.85 ea

Save \$1.65

Mars Fun Size 132g-192g



\$3.85 ea

Save \$1.65

Darrell Lea Block Chocolate 160g-180g



\$2.50 ea

Save \$3.00

Violet Crumble Nuggets 120g or Share Bags 150g



Half price!

\$1.10 ea

Save \$1.10

Mars Medium Bars 35g-56g

THIRST SMASHING REFRESHMENT

CAN YOU **feel** IT

\$6.50 ea

Save **\$6.50**

V Energy Drink
Cans 4x250ml
\$6.50 per litre



Half price!



\$2.30 ea

Save **\$1.55**

Coca-Cola or
Flavours 1.25ltr
\$1.84 per litre



\$11.40 ea

Save **\$7.60**

Coca-Cola or Mt Franklin
Sparkling Water 10x375ml
\$3.04 per litre



\$3.50 ea

Save **\$2.50**

Lipton Ice Tea 1.5ltr
\$2.33 per litre



\$2.40 ea

Save **\$1.60**

Gatorade or
G Active 600ml
\$4.00 per litre



\$19.90 ea

Save **\$14.95**

Pepsi or Schweppes
24x375ml
\$2.21 per litre



\$1.90 ea

Save **\$1.90**

Popcorners 85g
\$2.24 per 100g



\$2.50 ea

Save **\$2.50**

The Natural Chip Co. Chips
150g-175g



\$2.50 ea

Save **\$2.50**

Red Rock Deli Style
or Gourmet Crackers
130g-135g



\$3.35 ea

Save **\$3.35**

Uncle Tobys Protein
Muesli Bars 175g
\$1.91 per 100g



\$4 ea

Save **up to \$1.50**

Arnott's Gluten Free
Biscuits
120g-170g

NEW!

**THEIR FAVOURITE
BREAKFAST CEREAL**

NOW IN

Minis
MINI SIZE MAXI FUN



Half price!

\$3.25
ea

Save \$3.25

Nestlé Milo Minis
Cereal 330g
\$0.98 per 100g



\$5
ea

Save \$2.06

B Honey 100% Australian
Squeeze Honey 300g
\$1.67 per 100g



\$7.50
ea

Save up to \$4.61

Kellogg's Just Right
Original 740g or
Nutri Grain 765g



\$2.10
ea

Save 90c

Pauls Full Cream
Long Life Milk 1ltr
\$2.10 per litre



\$19
ea

Save \$19.00

Lavazza Qualita Oro Ground
Coffee or Beans 1kg
\$1.90 per 100g



\$4.50
ea

Save \$3.00

L'or Espresso Coffee
Capsules 10pk
\$8.65 per 100g



Half price!

50% off Selected
Dekor Tellfresh Range



\$1
ea

Save up to 70c

Obento Udon or Ramen
Noodles 150g-200g



\$1.30
ea

Save up to 60c

Valcom Bamboo Shoot
or Water Chestnut Slices
225g-227g



\$3.50
ea

Save up to \$1.80

Valcom Curry Paste
210g-240g



\$6.50
ea

Save \$2.00

Old El Paso Standard Kits
290g-520g

**HALF PRICE
Or Better**



\$5 ea

Save \$5.92

Colgate Slim Soft
Advanced Toothbrush 2pk
\$2.50 ea



\$5 ea

Save \$5.00

Colgate Total Plaque Release
Toothpaste 95g, Advanced
Whitening or Max Fresh
Toothpaste 120g-200g



\$5 ea

Save \$5.00

Colgate Total Plaque
Release Mouthwash 500ml
\$1.00 per 100ml

Bosisto's
AUSTRALIAN NATIVES

Enriched
with Australian
Native
botanicals.

No Palm Oil,
SLES, Parabens.

\$5 ea

Save \$4.00

Bosisto's Hand Wash 500ml
\$1.00 per 100ml



30% Off

**30% off Selected
UBy Kotex Products**



50% Off

**50% off Selected
Aveeno Products**



50% Off

**50% off Selected
Sukin Products**



50% Off

**50% off Selected
Garnier Haircare & Skincare
Products**



50% Off

**50% off Selected
Maybelline Products**



\$2 ea

Save 88¢

Sorbent Thick & Large
Facial Tissues 95pk
\$2.11 per/100 sheets



\$6.30 ea

Save \$2.05

Nurofen Ibuprofen Caplets
or Tablets 24pk
\$0.27 each



\$28 ea

Save \$28.00

Fairy Platinum Plus Lemon Dishwasher Capsules 42pk
\$0.67 each



\$5.25 ea

Save \$5.25

Fairy Rinse Aid 360ml
\$1.46 per 100ml



Half price!

\$5.50 ea

Save \$5.50

Bref In The Bowl Toilet Cleaner 2x50g
\$5.50 per 100g



BELOW Half price!

\$1.90 ea

Save \$1.95

Icare Wipex 100% Recycled Paper Towel 2pk
\$1.58 per/100 sheets



\$4 ea

Save \$1.79

Icare Double Length Toilet Tissue 4pk
\$0.28 per/100 sheets



Half price!

\$20.50 ea

Save \$20.50

Dynamo Professional Laundry Liquid 4ltr
\$5.13 per litre



\$3.50 ea

Save \$1.37

White King Bleach 2.5ltr
\$1.40 per litre



Half price!

\$16 ea

Save \$16.00

Vanish Napisan Gold Oxi Advance 2kg or Oxi Action Gel 2ltr
\$8.00 per litre/kg



Half price!

\$12 ea

Save \$12.00

Cold Power Laundry Liquid 2ltr or Powder 2kg
\$6.00 per kg/litre



30% Off

30% off Selected Mortein PowerGard Products



Half price!

\$3.75 ea

Save \$3.75

Palmolive Australian Extracts Dishwashing Liquid 750ml
\$0.50 per 100ml



\$790
ea

Save \$4.10

Selected Whiskas
Cat Food 12x85g
\$0.77 per 100g



\$480
ea

Save \$1.70

Whiskas Cat Food
800g
\$0.60 per 100g



\$480
ea

Save \$1.70

Pedigree Dentastix
Dog Treats
110g-270g



\$260
ea

Save 90c

Nature's Gift Dog
Food 700g
\$0.37 per 100g



\$480
ea

Save \$1.20

VIP Petfoods
Chunks 1kg
\$0.48 per 100g



\$11
ea

Save \$3.00

Pedigree Dog Food
2.5kg-3kg



\$540
ea

Save \$4.10

My Dog
6x100g
\$0.90 per 100g

Excludes Shredded Range



\$150
ea

Save 50c

Ultimates Indulge Single
Protein Cat Food 85g
\$1.76 per 100g



\$9
ea

Save \$4.50

Fussycat Twice as
Tasty 12x80g
\$0.94 per 100g



\$1050
ea

Save \$4.50

Dine Classic Collection
Cat Food 12x85g
\$1.25 per 100g



\$125
ea

Save 55c

Optimum Dog Food
100g
\$0.51 per 100g



\$350
ea

Save \$1.40

My Dog Food
680g
\$1.40 per litre

Terms & conditions: On sale from Wednesday 13th March 2024 until Tuesday 19th March 2024 unless sold out earlier. Savings based on in-store RRP. Pictures are for illustration purposes only. Barossa Fresh appreciates your patronage and are focused on delivering the best customer service possible. We reserve the right to limit quantities. "Click & Collect" and delivery available. To determine if your area is in the delivery zone, visit barossafresh.com.au. This catalogue is produced from fully sustainable diverse forests that are independently certified and is recyclable.



To receive exclusive CO-OP MEMBER VALUE BUYS, use your Barossa Co-op members card at checkout.



\$3.50
ea

Members Save
\$1.50

Oreo Original Cookies
9pk 248g
\$1.41 per 100g



\$6
ea

Members Save
\$2.35

Chobani Greek
Yogurt 907g
\$0.66 per 100g



\$4.50
ea

Members Save
\$1.80

Crisco Canola or
Vegetable Oil 750ml
\$0.60 per 100ml



\$1.20
ea

Members Save
55c

Edgell Snack Time
70g
\$1.72 per 100g



\$2.80
ea

Members Save
\$1.00

Green's Cake,
Brownie or Loaf Mix
340g-470g



\$4.50
ea

Members Save
\$1.80

John West Chunk Style
In Brine Tuna 425g
\$1.06 per 100g



\$2.20
ea

Members Save
75c

Ultimates Indulge
Dog Food 400g
\$0.55 per 100g



\$3.20
ea

Members Save
\$1.80

In A Biskit
8pk 168g
\$1.90 per 100g